



Your MEETING, INCENTIVE & SPA – DAY in the VICTORIA-JUNGFRAU Grand Hotel & Spa

Meet & Spa

Would you like to offer something special to your customers, employees or your management?
Our Spa team recommends:

Wake Up	15 Min. / CHF 110	Exclusive fitness lesson	60 Min. / CHF 250
----------------	-------------------	---------------------------------	-------------------

In the morning or after the lunch break
an activating fitness unit to increase the absorbability.

Water aerobics, Nordic Walking, Pilates or Stretch and Relax
(from 2 up to max 20 people)

Refreshing Hot Towels	5 Min. / CHF 50	Smoothie-Break	10 Min. / CHF 10 per person
------------------------------	-----------------	-----------------------	--------------------------------

Refresh yourself with a flavored hot towel –
you feel like new born.

Enjoy a refreshing and healthy smoothie break between
your meetings.
Our smoothies are prepared freshly for you.

Special offer in the Spa Nescens

Up to max 10 treatments can be booked at the same time

30 Minutes / CHF 110

- * Food reflexology
- * Express eye treatment
- * Neck- & Backmassage
- * Express SENSAI facial

50 Minutes / CHF 165

- * Aroma oil massage
- * SENSAI facial
- * Manicure or pedicure with
nail polish
- * De-stressing Signature
massage

80/90 Minutes / CHF 215

- * Better-aging Signature body
massage
- * Relaxing hot stone massage
- * Nescens facial
- * SENSAI facial

The offer is only applicable in combination with an event and up on availability.

If you have any further questions do not hesitate to contact us under +41 33 828 27 30 or per email
spa.admin@victoria-jungfrau.ch.

We are looking forward to receiving your request.

VICTORIA-JUNGFRAU Grand Hotel & Spa

Höheweg 41, CH-3800 Interlaken, Tel. +41 (0)33 828 27 30
spa.admin@victoria-jungfrau.ch, www.victoria-jungfrau.ch



Spa Nescens

On an impressive 5,500 square meters, the luxurious VICTORIA-JUNGFRAU Grand Hotel & Spa opens up a completely new world of wellness.

The Spa Nescens is a comprehensive spa offering a unique range of services in an elegant, lush green setting: Better-aging programs, Osteopathy, Physiotherapy, Nutrition and Coaching, Body treatments, Facials, Cosmeceutical procedures, Fitness and sports coaching, SENSAI SELECT SPA and Hair. These services have been developed and approved by the Nescens brand scientific committee. Services are provided by a multi-disciplinary team of therapists, coaches and medical specialists with expertise in the realms of preventive and antiaging medicine. The high-end environment of the Spa Nescens fosters wellbeing and pleasure.

Spa and Fitness Offer

- * 30 different fitness lessons per week
- * Various exercise equipment in the fitness center
- * Whirlpools & brine bath (outside & inside)
- * Indoor swimming pool
- * Different saunas (Ladies & Gentlemen separated / mixed)
- * Tennis courts (outside & inside)
- * Personal Training

Opening hours Spa

Spa / Sauna	Monday to Saturday: 7 hrs to 22 hrs Sunday and on Holidays: 7 hrs to 20.30 hrs
Fitness	daily open 24hours
Nescens	daily: 9 hrs to 20 hrs
Hairdresser	Tuesday to Saturday: 10 hrs to 19 hrs

VICTORIA-JUNGFRAU Grand Hotel & Spa

Höheweg 41, CH-3800 Interlaken, Tel. +41 (0)33 828 27 30
spa.admin@victoria-jungfrau.ch, www.victoria-jungfrau.ch